

My Experiences with the Spirit of Sedona and California

Hi Dear Everyone,

I am thinking of you all and thank for all your love, feelings and peaceful conversations. I have learned a lot about all your spirit and wonderful understanding of the world, people and especially Mother Earth. Special thanks to all the Elders and their words which help us to keep on in our development of our minds and our ways. I am now very much influenced by the charisma of all grandmothers. I am very impressed by their love of life, their self-understanding as women and human beings in this world. No matter what problems are to be solved in their lives – they enjoy every single bit of the moment they live, trusting life and their own being on their paths. I have taken this kind of attitude regarding life back to Germany with me and let all the people around me know about it. I hope, I can transfer this kind of living and understanding to my work as a healer in Germany. It helps Mother Earth and Mankind to survive and to perform the change into a better world in a much faster way.

When I received the invitation to attend the Elder's Gathering in Sedona I knew at once I had to go to Sedona – not matter what. My inner voice, my soul told me at that time that I had to perform a task by healing some blockades. I just did not know when, where, who and how.... I also wanted to get a better connection to Mother Earth. Well – I DID!! It was beautiful to welcome the sun during the morning ceremony, seeing it climbing up the hill and I was glad when its warm rays of sun reached me and I could feel my cold bones again because it was very chilly during the night in Sedona. I learned to respect that very little water is needed to get clean again, the air and the wind that sent all the red dust from the nearby Red Rocks into everything that existed on the field. Mother Earth gave me peace in my mind when I went through my own changes during the very first days up there.

In many unforgettable conversations with you in Sedona and California I could see that we are all on our way to a better understanding of the process into the light and a better understanding with Mother Earth. It doesn't matter much where we live, who we are as long as we understand we have to change our minds towards love, harmony and peace. We are all one and we are the creator of our lives and minds by the way we're thinking. The very moment we think in peace and love, the frequency of our hearts changes to the frequency of love and we help Mother Earth to heal with a clear mind. Each one of us can heal just by thinking the right things and therefore moving in the right direction. When we learn to respect and love ourselves, we automatically love our environment and send love to Mother Earth. Mother Earth can heal and sends us everything we need to live on this planet.

It takes all of us from every continent to work and live in peace and love, proceed on our paths. No dark energies can stop us from performing in a new world, based on love and peace and understanding. I know deep down in my heart that it is now the time the white buffalo and his energies will come back. I have talked to some about this and I know the spirits will lead some people from Europe and the USA to special places to do healing ceremonies. Then the old forgotten wisdom of our ancestors can come back in our hearts and minds. This and the new energies from the universe will change our consciousness, behavior and environment.

On coming back to Germany I now see that dark energies struggle to get the space back from the light e.g. by sitting on ones backside, working in the subconsciousness of our minds. But – as said before – we're ready for the light and the light will win this fight.....

Special thanks to Bavado Blue Thunder. He confirmed to me all the things I had experienced as a healer in Germany before. I thank him for the honor of attending the healing ceremonies he performed at the beach on the Pacific up north from L.A., in the mountains of Big Bear and in Hot Desert Springs. At the Big Bear I myself was able to help some souls as a healer to help them find their way into the light – and my task from the spirits for this trip to the USA was fulfilled.

Spirits tell me now that I will be back again soon in order to help and heal the people living on the reservations, wherever this may take place and I am looking forward to this time when I hopefully will see you all again.

Love until next newsletter
Karin